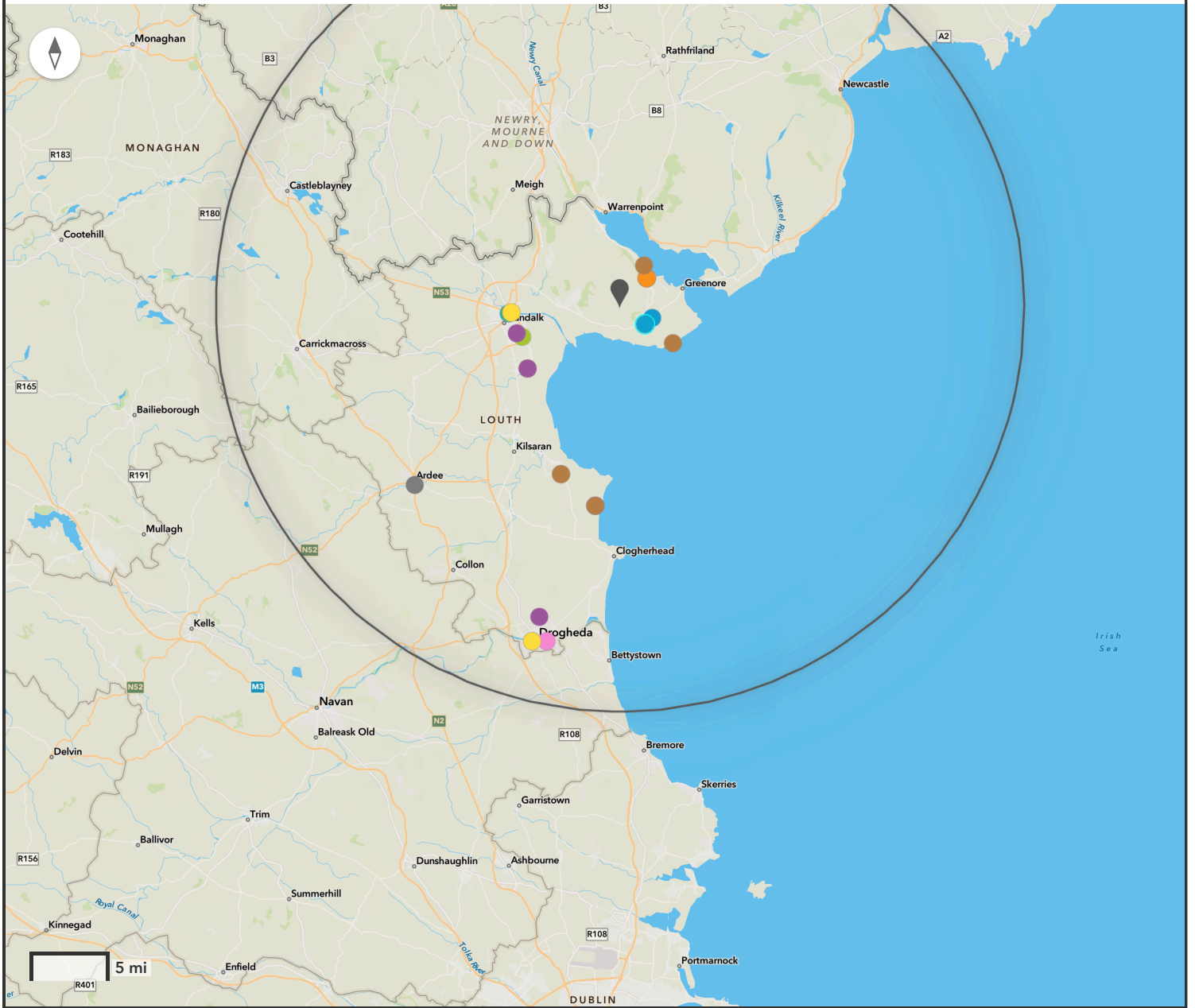


HER Outdoors Week - Event Finder



Women's Sunset Hike in the Cooleys in Louth

From August 17, 2024 to August 17, 2024



Women's Sunset Hike in the Cooleys in Louth

From August 17, 2024 to August 17, 2024

Address of Event	Bush Post Primary School Monksland Carlingford Co. Louth
Description	Women's Sunset Hike on the Cooleys
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	Louth Local Sports Partnership
Further Information	
Activity Type	Mountaineering/Hiking



Last edited by office.sio on 7/1/2024, 12:03 PM.

Cooley Customs and Cures Hike in Louth

From August 16, 2024 to August 16, 2024



Cooley Customs and Cures Hike in Louth

From August 16, 2024 to August 16, 2024

Address of Event	John Long's Bar Carlingford Co Louth
Description	Customs and Cures Heritage Hike in the Cooley Mountains
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	

Further Information	
Activity Type	Mountaineering/Hiking



Last edited by office.sio on 7/1/2024, 11:56 AM.

Women's Stand Up Paddle Boarding in Louth

From August 15, 2024 to August 15, 2024

>

Women's Stand Up Paddle Boarding in Louth

From August 15, 2024 to August 15, 2024

Address of Event	Carlingford Adventure Centre Tholsel Street Carlingford Co. Louth
Description	Women's Stand Up Paddle Boarding
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership

Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Welcome to the Women's Stand Up Paddle Boarding event! Grab your friends and join us for a fun evening on the water at Carlingford Adventure Centre. Whether you're a seasoned pro or a beginner, this event is perfect for anyone looking to enjoy the outdoors and learn a new skill. Don't miss out on this exciting opportunity to paddle board in a beautiful setting with other women. See you there!
Activity Type	Stand Up Paddle Boarding / SUP



Last edited by office.sio on 6/19/2024, 10:32 AM.

Teenage Girls Get Active in the Outdoors in Louth

From August 17, 2024 to August 17, 2024



Teenage Girls Get Active in the Outdoors in Louth

From August 17, 2024 to August 17, 2024

Address of Event	Carlingford Adventure Centre Tholsel Street Carlingford Co. Louth
Description	Teenage Girls Kayaking on Carlingford Lough
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Welcome to the Teenage Girls Get Active in the Outdoors event! Join us at Carlingford Adventure Centre for a day filled with fun activities and adventures. This is the perfect opportunity for teenage girls to embrace the outdoors, try new challenges, and make new friends. From kayaking and rock climbing and team-building exercises, there's something for everyone to enjoy. Don't miss out on this exciting event - sign up now!
Activity Type	Adventure



Teenage Girls Stand Up Paddle Boarding in Louth

From August 14, 2024 to August 14, 2024



Teenage Girls Stand Up Paddle Boarding in Louth

From August 14, 2024 to August 14, 2024

Address of Event	Carlingford Adventure Centre Tholsel Street Carlingford Co. Louth
Description	Teenage Girls Stand Up Paddle Boarding
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Welcome to the Teenage Girls Stand Up Paddle Boarding event! Grab your friends and join us for a fun afternoon on the water at Carlingford Adventure Centre. Whether you're a seasoned pro or a beginner, this event is perfect for anyone looking to enjoy the outdoors and learn a new skill. Don't miss out on this exciting opportunity to paddle board in a beautiful setting with other teenage girls. See you there!
Activity Type	Stand Up Paddle Boarding / SUP



Last edited by office.sio on 6/19/2024, 10:28 AM.

Kayaking for Teenage Girls in Louth

From August 12, 2024 to August 12, 2024



Kayaking for Teenage Girls in Louth

From August 12, 2024 to August 12, 2024

Address of Event	Carlingford Adventure Centre Tholsel Street Carlingford Co. Louth
Description	Teenage Girls Introduction to Kayaking
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	

Further Information	Come join us for an exciting afternoon of kayaking at the beautiful Carlingford Adventure Centre! This event is perfect for teenage girls who love the outdoors and want to try something new. Get ready to paddle through the crystal-clear waters and enjoy the stunning views of the surrounding nature.
Activity Type	Kayaking



Last edited by office.sio on 6/19/2024, 4:00 PM.

Women's Kayaking in Louth

From August 13, 2024 to August 13, 2024

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Women's Kayaking in Louth

From August 13, 2024 to August 13, 2024

Address of Event	Carlingford Adventure Centre Tholsel Street Carlingford Co. Louth
Description	Women's Kayaking on Carlingford Lough.

Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Experience the thrill of paddling through the picturesque waters of Carlingford Lough while enjoying the company of other adventurous women. Make new friends, challenge yourself, and create unforgettable memories.
Activity Type	Kayaking



Last edited by office.sio on 6/19/2024, 4:03 PM.

Women's Introduction to open Water Swimming in Louth

From August 13, 2024 to August 13, 2024

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Women's Introduction to open Water Swimming in Louth

From August 13, 2024 to August 13, 2024

Address of Event	Carlingford Marina The Commons Carlingford Co. Louth
Description	Introduction to Open Water Swimming
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Join us for a fun and empowering event where you can dip your toes into the world of open water swimming. Whether you're a beginner or looking to improve your skills, this event is perfect for women of all levels. Our experienced instructors will guide you through the basics and provide tips for a safe and enjoyable swim.
Activity Type	Open Water Swimming



Last edited by office.sio on 7/1/2024, 11:51 AM.

Women's Introduction to Open Water Swimming in Louth

From August 12, 2024 to August 12, 2024



Women's Introduction to Open Water Swimming in Louth

From August 12, 2024 to August 12, 2024

Address of Event	Templetown Beach Templetown Carlingford Co. Louth
Description	Introduction to Open Water Swimming
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Join us for a fun and empowering event where you can dip your toes into the world of open water swimming. Whether you're a beginner or looking to improve your skills, this event is perfect for women of all levels. Our experienced instructors will guide you through the basics and provide tips for a safe and enjoyable swim.
Activity Type	Open Water Swimming



Last edited by office.sio on 7/1/2024, 11:52 AM.

Women's Lap of Louth Cycling Sportive in Louth

From August 18, 2024 to August 18, 2024

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Women's Lap of Louth Cycling Sportive in Louth

From August 18, 2024 to August 18, 2024

Address of Event	DKIT Sport Inner Relief Road Dundalk Co. Louth
Description	Women's Lap of Louth Cycling Sportive
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	

Further Information

The cycle offers two routes; 50 km and 90 km. Both sweep their way across the rolling green hills of Louth, the picturesque villages dotted throughout the county and the beautiful coastal road with spectacular views across to the Mourne Mountains

Activity Type

Cycling

the Sarah Fagan Women's LAP OF LOUTH

August 18th 2024
50 or 90 Km

- Fully Marshalled Route
- Event HQ DKIT Sport
- Food & Water Stop
- Mechanical Back-Up
- Post Event Refreshments
- Changing Facilities
- Hot Showers

Women On Wheels

Entry Fee : € 25 on day or € 20 online
Non Cycling Ireland members, day licence required (€20)

Registration : # womens_Lap_of_Louth

Sign On : 08.30 - 09.30am

Start Time : 10.00am

Venue : DKIT Sport - A91XDT8

CUCHULAINN CYCLING CLUB

LLSD **CYCLING IRELAND** **DKIT SPORT**

Last edited by office.sio on 6/19/2024, 10:54 AM.

Kite Design and Flying Workshop for Teenage Girls with Additional Needs in

Louth

From August 16, 2024 to August 16, 2024

>

Kite Design and Flying Workshop for Teenage Girls with Additional Needs in Louth

From August 16, 2024 to August 16, 2024

Address of Event	Dundalk Sports Centre Tom Bellew Avenue Dundalk Co. Louth
Description	Join us for a fun workshop where we'll design and fly kites together!
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Come join us at Dundalk Sports Centre for a fun-filled activity of kite designing and flying! This workshop is specially designed for teenage girls with additional needs to learn, create, and have a blast. Let's unleash our creativity and watch our kites soar high in the sky. No experience needed, just bring your enthusiasm and we'll provide all the materials. Don't miss out on this unique opportunity to bond with other girls and enjoy the outdoors. See you there!
Activity Type	Other



Last edited by office.sio on 6/19/2024, 4:16 PM.

Inclusive Cycling for Females with Disability in Louth

From August 12, 2024 to August 12, 2024



Inclusive Cycling for Females with Disability in Louth

From August 12, 2024 to August 12, 2024

Address of Event	St Helena's Park Relief Road Dundalk Co Louth
Description	Inclusive Cycling for Females with a Disability
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	

Further Information	
Activity Type	Cycling



Last edited by office.sio on 7/1/2024, 11:54 AM.

Activator Pole Walking Dundalk in Louth

From August 12, 2024 to August 18, 2024

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Activator Pole Walking Dundalk in Louth

From August 12, 2024 to August 18, 2024

Address of Event	St Helena's Park Inner Relief Road Dundalk Co. Louth
Description	Activator Pole Walking
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership

Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	
Activity Type	Walking



Last edited by office.sio on 7/1/2024, 11:55 AM.

Women's Introduction to Open Water Swimming in Louth

From August 16, 2024 to August 16, 2024

>

Women's Introduction to Open Water Swimming in Louth

From August 16, 2024 to August 16, 2024

Address of Event	Priest Beach Blackrock Co Louth
Description	Introduction to Open Water Swimming
Facebook	View

Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	Louth Local Sports Partnership
Further Information	
Activity Type	Open Water Swimming



Last edited by office.sio on 7/1/2024, 11:59 AM.

Women's Pilates & Dip in Louth

From August 13, 2024 to August 13, 2024

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Women's Pilates & Dip in Louth

From August 13, 2024 to August 13, 2024

Address of Event	Priest Beach Blackrock Co. Louth
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Description	Women's Pilates & Dip on the beach
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	Louth Local Sports Partnership
Further Information	
Activity Type	Other



Last edited by office.sio on 7/1/2024, 12:02 PM.

Inclusive Orienteering in Louth

From August 14, 2024 to August 14, 2024

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Inclusive Orienteering in Louth

From August 14, 2024 to August 14, 2024

Address of Event	St Helena's Park Dundalk Co. Louth
Description	Inclusive Orienteering for Females with additional needs
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Come join us at Saint Helenas Park for a fun-filled morning of orienteering designed specifically for females with additional needs.
Activity Type	Orienteering



Last edited by office.sio on 6/19/2024, 10:39 AM.

Women's Introduction to Open Water Swimming in Louth

From August 12, 2024 to August 12, 2024



Women's Introduction to Open Water Swimming in Louth

From August 12, 2024 to August 12, 2024

Address of Event	Salterstown Pier Annagasson Co. Louth
Description	Introduction to Open Water Swimming
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Join us for a fun and empowering event where you can dip your toes into the world of open water swimming. Whether you're a beginner or looking to improve your skills, this event is perfect for women of all levels. Our experienced instructors will guide you through the basics and provide tips for a safe and enjoyable swim.
Activity Type	Open Water Swimming

Last edited by office.sio on 7/1/2024, 11:52 AM.

Women's Introduction to Open Water Swimming in Louth

From August 16, 2024 to August 16, 2024

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Women's Introduction to Open Water Swimming in Louth

From August 16, 2024 to August 16, 2024

Address of Event	Salterstown Pier Annagasson Co. Louth
Description	Introduction to Open Water Swimming
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View

Twitter

Further Information

Join us for a fun and empowering event where you can dip your toes into the world of open water swimming. Whether you're a beginner or looking to improve your skills, this event is perfect for women of all levels. Our experienced instructors will guide you through the basics and provide tips for a safe and enjoyable swim.

Activity Type

Open Water Swimming



Last edited by office.sio on 7/1/2024, 11:53 AM.

Yoga & Dip on Port Beach in Louth

From August 13, 2024 to August 13, 2024

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Yoga & Dip on Port Beach in Louth

From August 13, 2024 to August 13, 2024

Address of Event

Port Beach
Togher
Drogheda
Co Louth

Description	Yoga & Dip on the Beach
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Come join us for a relaxing and rejuvenating evening at Port Beach! This event is specifically designed for women looking to unwind, stretch, and soak up some sun. Our yoga session will be led by a skilled instructor, catering to all levels of experience. Afterward, cool off with a refreshing dip in the ocean. It's the perfect way to treat yourself and connect with other like-minded women
Activity Type	Other



Last edited by office.sio on 6/19/2024, 4:07 PM.

Yoga & Dip on Port Beach in Louth

From August 17, 2024 to August 17, 2024



Yoga & Dip on Port Beach in Louth

From August 17, 2024 to August 17, 2024

Address of Event	Port Beach Togher Drogheda Co. Louth
Description	Yoga & Dip on the Beach
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Come join us for a relaxing and rejuvenating evening at Port Beach! This event is specifically designed for women looking to unwind, stretch, and soak up some sun. Our yoga session will be led by a skilled instructor, catering to all levels of experience. Afterward, cool off with a refreshing dip in the ocean. It's the perfect way to treat yourself and connect with other like-minded women
Activity Type	Other



Last edited by office.sio on 6/19/2024, 4:12 PM.

Women's Introduction to Open Water Swimming in Louth

From August 15, 2024 to August 15, 2024



Women's Introduction to Open Water Swimming in Louth

From August 15, 2024 to August 15, 2024

Address of Event	Port beach Togher Co. Louth
Description	Introduction to Open Water Swimming
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	Louth Local Sports Partnership
Further Information	



Last edited by office.sio on 7/1/2024, 12:00 PM.

Introduction to Archery for Teenage Girls in Louth

From August 18, 2024 to August 18, 2024



Introduction to Archery for Teenage Girls in Louth

From August 18, 2024 to August 18, 2024

Address of Event	Ardee Archery Club John St Ardee Co Louth
Description	Introduction to Archery for Teenage Girls
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View

Registration Link	View
Twitter	
Further Information	Come join us at Ardee Archery Club for a fun and exciting event tailored specifically for teenage girls interested in learning the art of archery! Whether you're a complete beginner or have some experience, this event is perfect for anyone looking to pick up a bow and arrow and give it a shot. Our experienced instructors will guide you through the basics of archery, teaching you proper form, technique, and safety tips
Activity Type	Archery



Last edited by office.sio on 6/20/2024, 11:15 AM.

Women's Come n try Pitch & Putt in Louth

From August 13, 2024 to August 13, 2024



Women's Come n try Pitch & Putt in Louth

From August 13, 2024 to August 13, 2024

Address of Event	Killineer Pitch & Putt Club Cement Rd Drogheda Co. Louth
Description	Women's come n try Pitch & Putt
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	Louth Local Sports Partnership
Further Information	
Activity Type	Other



Last edited by office.sio on 7/1/2024, 12:07 PM.

Women's River Rowing in Louth

From August 16, 2024 to August 16, 2024

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Women's River Rowing in Louth

From August 16, 2024 to August 16, 2024

Address of Event	Boyne Fisherman's Rescue Marsh Road Stagreenan Drogheda Co. Louth
Description	Women's Introduction to River Rowing on the Boyne!
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	Join us at Boyne Fishermens Rescue and Recovery for a fun-filled afternoon on the river learning the basics of rowing. This event is perfect for beginners who want to try something new and enjoy the beauty of the water. Get ready to meet new friends, learn new skills, and have a great time out on the water!
Activity Type	Rowing



Activator Pole Walking Drogheda in Louth

From August 12, 2024 to August 18, 2024



Activator Pole Walking Drogheda in Louth

From August 12, 2024 to August 18, 2024

Address of Event	St Dominics Rathmullan Road Drogheda Co Louth
Description	Activator Pole Walking
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View
Twitter	
Further Information	
Activity Type	Walking



Last edited by office.sio on 7/1/2024, 11:55 AM.

Introduction to Buggy Fitness in the Park in Louth

From August 16, 2024 to August 16, 2024



Introduction to Buggy Fitness in the Park in Louth

From August 16, 2024 to August 16, 2024

Address of Event	St Dominic's Park Rathmullan Road Ballsgrove Drogheda Co. Louth
Description	Introduction to Buggy Fitness in the Park
Facebook	View
Instagram	View
Organisation Name	Louth Local Sports Partnership
Organisation or Event Website	View
Registration Link	View

Twitter

Further Information

Come join us for a fun and energising workout session at St. Dominics Park. This event is perfect for mums looking to get back into shape while spending time outdoors with their little ones. Our experienced instructors will guide you through a series of exercises specifically designed for parents with strollers. Get ready to break a sweat and meet other parents in the community!

Activity Type

Other

